



This is your journaling time so anything goes when it comes to supplies! Journal play includes trying new watercolor sets, journals and more so may I suggest—let yourself go!

# I am sharing two lists here.

The Basic List includes the general items you will find helpful for our time together in Flow.

The Dreama List includes the specific things I use (both personally and for paintings done in Flow.)

I like easy and I'm betting you do too! Here are links to my Blick Art Materials supply list shopping cart and my Amazon shop to make adding to your art supplies a breeze!



#### **Blick Art Materials**

#### **Dreama's Amazon Shop**

Note: When shopping Blick, grab the Paul Rubens watercolor kit at my Amazon shop—Blick doesn't carry this.

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# The Basic List

The Basic List is a generic guide of watercolor supplies. I encourage you to use what you may already have on hand and then, if you see me using something you like, add to it!

Want to use exactly the supplies that I use? Then check out the Dreama List shown below.



 $\it Your choice of...$ 

- Regular watercolor set
- Watercolor set with mica for the shimmery effect
- Watercolor brushes (flats 1/2 inch and 3/4, Rounds in sizes 4, 6, & 8)
- Waterproof pen
- Pencil
- Kneaded eraser
- Journal (one with heavier paper suitable for watercolor use)
- Water container
- Small spray bottle
- Paper towels
- Transfer paper

Please Note: If you are working with a limited range of colors in your set you may want to add these watercolors:

Magenta, Quinacridone Red, Opera Rose, Cobalt Turquoise Lt. by Winsor & Newton

# The Dreama List

#### **Watercolors**

Sennelier French Watercolor Set

Set of 24 half pans.

Colors include: Raw Umber, Burnt Sienna, Yellow Ochre, Ultramarine Deep, Phthalo Blue, Cinereous Blue, Warm Sepia, Lemon Yellow, Indian Yellow, Naples Yellow Deep, Bright Red, Venetian Red, Carmine, Opera Rose, French Vermilion, Quinacridone Red, Alizarin Crimson, Payne's Grey, Ivory Black, Phthalo Green Light, Viridian, Forest Green, Cobalt Violet Light Hue, and Dioxazine Purple.

#### Paul Rubens Artist Glitter Solid Colors

Set of 24 half pans in a metal case are pre-mixed with iridescent medium and provide a shimmer effect!

Colors include: Pearl Silver White, Pearl Platinum, Interference Yellow Deep, Interference Red Deep, Pink, Royal Gold, Interference Orange Deep, Wine Red, Rose Red, Symphony Purple, Symphony Blue, Interference Blue Deep, Interference Green Deep, Fruit Green, Dark Green, Luster Blue, Glitter Red, Glitter Purple, Flash Yellow, Bronze Satin, Crape Myrtle, Golden Maroon, Brown, Silver Black.

### **Watercolor Brushes**

Richeson Plein Air Travel Brushes - Set of 7

#### Water Brushes

These are brushes that hold water in the barrel of the brush, I usually carry a Pentel in the medium size.



## **Waterproof Pens**

Sakura Pigma Micron Pen Black /Sizes 01, 03 and 05

### **Journals**

#### 1. Fabriano Handmade Journal

Made in Italy (only available, when in stock, on my site DreamaTollePerry.com/shop)

#### 2. Fabriano Hard Cover Watercolor Journal

6 x 9 Made in Italy (available at Blick Art Materials or Dreama's Amazon Shop)

Please Note: The paper varies widely between these two journals. No. 1 is a creamy white and soft to the touch paper. No.2 is bright white and crisp to the touch. Both are beautiful. One is only available via my site, the other can be found online and in stores.

## **Spray Bottle**

This is simply a small 3 oz travel size pump spray refillable bottle. It's handy for spritzing your pan watercolors a few minutes before you begin painting!

## **Transfer Paper**

If you prefer a little help in drawing, this is a great tool. I show you how to use it in the tips section of the Postcards from Paris course!





#### **Kneaded Eraser**

Great for removing pencil lines without damaging your paper, made by Faber-Castell.

#### **Pencil**

If you prefer pencil instead of pen, a regular 2B pencil is perfect! Prismacolor makes a nice one.

## **Water Container**

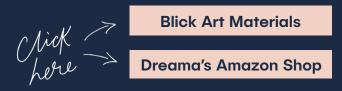
This can be anything that holds enough water to swish your brush clean :-)

# **Paper Towels**

Any brand will do

## Other watercolor kits that I love:

Prima Sets Winsor & Newton Cotman Field Box



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